



### Fancy word. Common problem.

**Glossophobia** is the fear of public speaking. The word is Greek for *tongue*. We all have one and we've all experience it becoming dry when we're in front of an audience. I often tell people that they fear it because they don't understand how to manage the fear. I dig connecting with audiences and sharing this passion with others. **Here are some topic areas I assist with:**

- ★ Understand the nature of the 'butterflies,' and gain realistic solutions to manage stage fright. (I'll borrow a line from a famous talk show host, "When you know better you do better.")
- ★ Acquire the critical elements of preparing for and building memorable content in a business, medical, civic, or academic presentation--beginning with topic selection, crafting the introduction, main points and conclusion for maximum impact.
- ★ Let's rehearse! I'll coach you through a dynamic delivery to engage the audience at every level. This includes, verbal and non-verbal strategies, use of humor, and how to successfully manage the Q&A, (even the occasional hostile audience member.)
- ★ Learn to build and use electronic presentation aids that won't put your audience to sleep. I am experienced with both PC / PowerPoint and Mac / Keynote platforms.

*There are 2 types of speakers: Those who are nervous, and those who are liars!*

*-anonymous*